

Daniel 1

Watch the short video on the link; it's a cartoon version of the story of Daniel 1. Then using the questions encourage your children to think about the story.

<https://www.youtube.com/watch?v=o9E8RQO8Eeo>

ASK: How do you think these young men felt being taken prisoners? How would you feel?

ASK: Do you think these young men were mad at God because something terrible had happened to them?

ASK: What was Daniel's request when offered the Kings food?

ASK: If he could have the best food in the kingdom, why do you think Daniel wanted to eat vegetables and water?

ASK: What did the chief official do?

ASK: If this had happened to you, what would you have done?

ASK: Do you think God blessed Daniel and his friends for not eating the food that was foebidden?

ASK: What is something you have that is very important to you?

ASK: How do you protect or look after these important things?

ASK: How would you feel if someone took them from you?

SAY: what if suddenly biggest, strongest man in Glossop came to be your bodyguard and to keep your treasure safe. Would that help?

SAY: God has given us a "guard"—something very powerful that can protect us from doing bad things.

ASK: What do you think this "guard" is?

-How would you feel if you could only have vegetables and water to eat? (Daniel and his friends did this for several years!)

-Would you have eaten the king's food, even if you knew it was wrong?

-How does this make you feel about Daniel and his friends staying so faithful and not giving in to the temptation of the food?

Use a mix of different veg and cocktail sticks to make their own 'Veggie Boy' then use some of the following questions for a discussion.

Not talking about vegetables now, but daily life.

-What do you think 'Veggie Boy' would watch on TV?

- Are there things that he wouldn't watch on TV?
- How do you think he would treat others?
- How do you think other children would feel about him?
- How would you compare to 'Veggie Boy'?

Eat Your Veggies

Daniel and his friends were in training to be servants of King Nebuchadnezzar. The king wanted his servants to be healthy, strong, and smart, so he fed them the same kind of food he ate himself.

But Daniel said, "Please let us eat only vegetables and drink only water for ten days. Then compare us with the other young men who eat the king's food. See for yourself who looks healthier."

Decode the message below to find out what happened.

